

Abstract Of The Disclosure

A driver assistance system for a motor vehicle includes output means for outputting information to a vehicle driver of the motor vehicle and/or operating means for operation of the driver assistance system by the vehicle driver, and control means for 5 controlling the information output and/or operation. Means for determining a workload state of the vehicle driver are provided; and the control means are embodied for controlling the information output and/or operation as a function of the workload state of the vehicle driver. A driver assistance system has the advantage that operation of the driver assistance system, and information output by the driver 10 assistance system, are adapted to the workload of the vehicle driver, consequently avoiding overload or excessive distraction of the vehicle driver from traffic events, thus contributing to traffic safety.